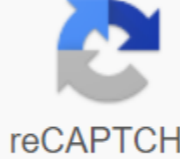


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Last updated March 30, 2020, Planners and Performance Logs are trading tools. There is the art of performance. Just as art is very personal for an artist, the performance is very personal for a person. What works for you may not work for me. This is an important distinction if you really want to get more done in less time. Too many of us dabble in performance hacks only to move on to the next tool or trend when it's not working for us, skipping a lesson on what worked and doesn't work on that tool or trend. We put the instrument on a pedestal and miss the art. It is the worship of paint brush, not the process and act of painting. We miss the art of our own performance when the instrument overshadows the treasure. As an artist, you have a lot of brushes to choose from. You are looking for a brush that feels best in your hand. You want a brush that doesn't distract you from your art, but partners with you to create a lot of things that you see in your mind to create. Finding a brush like this may take some experimentation, but when you realize that the role of the brush is to bring life to your vision, it is easier to find the right brush. The planners do the same. You want a performance log that supports you in building your vision, not one that swamps you down or steals your energy. Let's dive into the top 9 performance planners and logs to help you do more in less time. 1. Google Calendar You can already use Google Calendar for meetings, but with a couple of settings you can use it as a performance planner. Performance suggests that we have time to do the work we intend to do. Therefore, blocking time in Google's calendar and its busy will not allow others to fill those gaps in the calendar. In fact using these blocks of time as you intended before you. If you use a booking tool such as Schedule Once or Calendly, you can integrate it with your Google calendar. For maximum performance and rhythm, I recommend creating a consistent, affordable time unit each day for these kinds of appointments. Google Calendar is free, web-based and to the point. If you're a bottom line person and it's easy to keep your priorities in your head, this could be a good decision for you. Get a planner here! 2. One thing is The NY Times bestseller, one thing, has just released its new planner. If you loved this book, you'll love this planner. As the founder of the world's largest real estate company, Keller Williams Realty, Gary Keller, has mastered the art of focusing. The One Thing planner has its roots in the productivity change industry. If you want to put a dent in the universe, this may be a planner for you. Get a planner here! 3. Freedom Journal Creator one of the most prolific podcasters ever, Entrepreneur on Fire, John Lee Dumas released his magazine Performance in 2016. This hard-cover magazine focuses on achieving SMART's goals in 100 days. From their website: The Freedom Journal is an accountability partner that will not allow Not. John Lee Dumas has interviewed more than 2,000 successful entrepreneurs and created a unique step-by-step process that will help you in SETTING and ACCOMPLISHING your #1 goals in 100 days. Get a planner here! 4. Full Focus Planner Michael Hyatt, platform author and host of the podcast This Is Your Life, also has his own planner called Full Focus Planner. From the site: Built for a 90-day achievement cycle, full focus planner® gives you a quarter of the year's content, so you're not overwhelmed by planning (and tracking) 12 months at a time. This performance planner includes a place for annual goals, a monthly calendar, quarterly planning, a perfect week, daily pages, a place for rituals, weekly previews and quarterly previews. It also comes with quickstart lessons to help you master the use of a planner. Get a planner here! 5. The Passion of Planner They call himself #passfam and think of his planner as a paper life coach. Their formats include outdated, academic and undated magazines with different colors. With over 600,000 users they have a track record for effective planners. From the site: Meeting calendar, goal-setting guide, magazine, album, gratitude magazine - personal and work lists in one notebook. They have a program to get one give one. For every Passion Planner that is bought they will donate one to a student or someone in need. They also provide free PDF downloads to their planners. This is a great way to test drive if their planner is right for you. Get a planner here! 6. Wish card planners If you're looking for a more spiritually oriented planner, Daniel LaPorte, the author of the wish card, has created wish card planners. With daily planners, weekly planners and undated planners, you can find the right one for you. Behind this planner is a wish card planner program, including 3 workbooks that not only support you in using planners, but also guide you in your thought process about your life and the intentions you use the planner to help you accomplish. Get a planner here! 7. Franklin Coie Planners Grandpa of all planners, Franklin Coie, has most options when it comes to layouts, binders and accessories. With more than 30 years in the performance planner business, they not only provide a ton of planner layouts, they have also been learning performance and planning from the start. From the site: Achieve what is most important with innovative, high quality planners and binders tailored to your personal style. Our paper planning system will help you identify values, create successful habits, track and achieve your goals. Get a planner here! 8. PlannerF from the creators of the best-selling magazine backed by Tim Ferris, a five-minute magazine, comes The Performance Planner. Combining method of Ivy Lee, which made Charles Schwab millions with Pomodoro Techniques to stay focused at the moment, the performance planner is both intelligent and effective. This allows for six six planning, 5-day daily pages, weekly planning and weekly review, priority task list, Pomodoro time tracking, and extra space for notes. From the site: Do you often find yourself busy, while the more important tasks get put off? A performance planner will help you prioritize and accomplish a vital few tasks that make your day satisfying. The quality is over quantity. Combined with Pomodoro's technique to help you avoid distractions, the performance planner helps you get a better job in less time. Get a planner here! 9. Self Journal Endorsed by Daymond John Shark Tank, Self Journal takes a 13 week approach and combines monthly, weekly and daily planning to help you focus on the things that really matter. Self Journal includes additional tools to help you produce with their Weekly Action Pad, Project Action Pad, Sidekick Pocket Magazine, to capture your ideas on the go and their SmartMarks bookmarks that act as a notepad while reading. Get a planner here! Bonus Tips: Integrating 4 building blocks of performance is just as important for performance planning as the tool principles that we create inside. There are 4 building blocks of performance that, when embraced, speed up your energy and results. The four building blocks of performance are desire, strategy, focus and rhythm. When you get these rights, having a performance planner or log provides a structure to keep you on track. Block #1: Desire Somehow in pursuit of all our goals, we accumulate ideas and To-Do's we are not really passionate and don't really want to continue. They sneak in and steal our attention from things that are really important. Under powerful performance is desire. Not many little desires, but a common mother of desires. The aspiration that you feel in your gut, the desire that comes from your soul, not your logic, is what you need to use if you want to level the performance. A performance planner is just a distraction if you're not clear what it's all for. With desire, however, your performance planner provides a guide to achieve your intentions. Block #2: Strategy Once you are clear on your comprehensive desire, you need to organize your steps to get there. Let's call it a strategy. Strategy is like assembling puzzles. You must first flip all the pieces to see patterns, colors, connections and find boundaries. In business and life, we often start trying to put our puzzle together without turning all the pieces. We put a lot of items on our to-do lists and clog our planners with things that aren't important to the bigger picture of our puzzle. Strategy is to take the time to let the brain dump all the things in your head related to your goal and then looking for models and priorities. As you flip over these pieces of the puzzle, you will start to see more important tasks that take care of less important tasks or make less important tasks irrelevant. At best, book, One thing, the focusing question they teach: What is one thing I can do, so that by doing it, everything else is easier or unnecessary? This is the heart of strategy and organizing what strikes your planner and what doesn't. Block #3: Focus With your priorities are determined, now you can focus on one thing that makes everything else easier or unnecessary. Here, your performance planners and logs can help you keep the line. Because you've already flipped the pieces of the puzzle, you're not distracted by shiny new objects. If new ideas go, and they go, you'll better see how and where they fit in the big picture of your desire and strategy, allowing you to go back and focus on your one Thing. Block #4: The Ultimate Rhythm Building Block of Productivity Rhythm. There is a rhythm in life and work that works best for you. When you find this rhythm, time stands still, performance is easy and your work experience is joyful. Some call it this flow. As you hone your self-awareness about your ideal rhythm you find yourself riding the flow more often and own the performance. Without these four building blocks of performance, you as an artist with a brush and don't know how to use it to create what's in your heart to create. But use these four building blocks and find yourself getting more done in less time. Bottom line, your life is your art. Every day you have a chance to create something amazing. By understanding and using four performance building blocks, you'll set yourself up for success no matter what planner, or brush you choose to use. As you experiment with different planners you narrow one the best for you and accelerate your way to putting a dent in the universe. More tools to improve performance Photograph credit: Anete Lasinha via unsplash.com unsplash.com best self co planner pdf

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